



ASSOCIATION FOR BETTER CHILDCARE

Serving the Bismarck-Mandan Area
PO Box 182
Mandan, ND 58554-0182

July 2009 Issue

Upcoming Meetings and Trainings

(All meetings start at 7 PM unless otherwise noted. Training follows a 15 minute business meeting)
Please note: In order to get credit for the training, you must be present from BEGINNING to END.
Door Prize Drawing Entries will close at the START of the business meeting

*****Monday, July 20, 2009*****

"Bright Beginnings—Part 2"

(Parenting/Caregiver Styles-Guidance, Discipline And Temperament)

Speaker: NDSU Extension

One & One Half Hour Training @ Morton County Courthouse - North Door - Downstairs

*****Monday, August 17, 2009*****

"Q.R.I.S."

(Quality Rating Improvement Scale)

Speaker: Linda Jagielo

One & One Half Hour Training @ Bismarck Public Library - Downstairs

*****Monday, September 21, 2009*****

"Baby Sign Language"

(Infant Signing and Its Importance)

Speaker: North Dakota School For The Deaf

One & One Half Hour Training @ Morton County Courthouse - North Door - Downstairs

*****Monday, October 19, 2009*****

"Fire Safety"

(Fire Extinguisher Safety and New Fire Regulations For Childcare Providers)

Speaker: Ron Kunda

One & One Half Hour Training @ Bismarck Public Library - Downstairs

NOTE: SCHEDULED TRAINING MAY BE SUBJECT TO CHANGE

The President's Korner

Just a little something to share with you, the Members of ABC... BiBi

Twelve Ways Providers Can Support Parents

1. Do everything possible to keep children safe and well cared for.
2. Make it fun and interesting to attend your program.
3. Help keep track of personal items (such as boots, hats, mittens and blankets) so families do not need to replace them.
4. Provide a nurturing relationship outside of the family.
5. Share positive or humorous stories about the child with the parent to bridge the gap between your program and home.
6. Believe that all parents want what is best for their children.
7. Accept differences in child rearing, family traditions and parenting styles.
8. Remember that parents are doing the best they can. It is always easier to criticize than to walk in someone else's shoes.
9. Communicate early about concerns, before resentment builds.
10. Use problem-solving strategies to approach difficult situations.
11. Keep information confidential.
12. Talk positively about family members in front of the child.

By: Redleaf Press

More Websites To Check Out!

- www.abc4bisman.org
(The Association For Better Childcare)
- www.stepbystepcc.com
- www.mydaycaresupply.com
- ical2.bismarcklibrary.org
(Children's Department Calendar)
- www.mortonmandanlibrary.org
(Library Special Events)
- www.aslpro.com
(Baby Signs Dictionary - Main Dictionary)



ABC needs Calling Tree Members
Can we call on you? Contact Valerie

Need CPR & First Aid?

It has come to ABC's attention that Custer Health District will host CPR and First Aid Classes for childcare providers on scheduled Saturday's from 8 AM – 3 PM for a cost of \$20.00 for both and it is good for 2 years. For more information call Melanie at the Custer Health District @ 667-3370. A minimum of four is needed to have a class with a maximum of nine. Call and get your name on a list today.

****Do you have Liability Insurance for your childcare business? Please come and share your information.****

Unless parents are consistent with their discipline, a child cannot predict consequences, and a child who cannot predict consequences cannot become self-disciplined.

By: John Rosemond

****For easy access, post this newsletter inside a cupboard or on the side of your refrigerator.****



Kids R Worth It!

Purpose and Practice of Discipline

Three Main Principles:

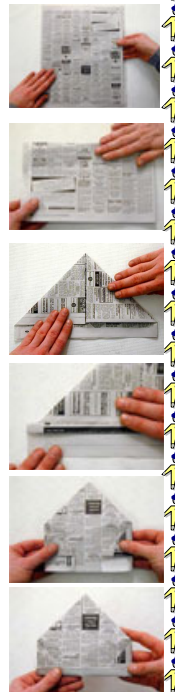
- Kids are worth it
- I will not treat a child in a way I myself would not want to be treated
- If it works and leaves a child's and my own dignity intact, do it

Barbara Coloroso

How To Make A Newspaper Hat

This a great activity for kids on a rainy afternoon. For the final touch, use paint or markers to decorate.

1. Take one large newspaper sheet that consists of two pages on each side.
2. Fold in half lengthwise.
3. Fold in half again (bringing the top of the paper to the bottom).
4. Fold corners (on folded side) to middle. This will make a pointed top to paper.
5. Fold one piece of bottom of paper up to the bottom of the pointed fold.
6. Fold bottom again until it overlaps a little of pointed part.
7. Turn hat over.
8. Fold sides in about 1 1/2 to 2 inches (it will look like a house). For an adult-sized head, fold in only an inch or so. (these folds determine the hat size).
9. Fold bottom up twice.
10. Pull opening in hat apart to make a hat shape.



Congratulations--you have learned how to make a newspaper hat! www.ehow.com

Needed:

The metal lids from frozen cans of juice. President BiBi is collecting them for a project in her daycare and would appreciate your help in saving them for her. Just bring them to the next ABC Training.

Thank You

ABC Elected Officers

BiBi Mehring

President

Thank you for recently electing me as the ABC President. I would like to share a bit about myself so that you might feel a bit more comfortable sharing your thoughts, ideas, suggestions and even your concerns. So here goes. I am originally from the Kansas and Nebraska area, and moved to North Dakota after marrying Greg, who is from Carrington. I am a hard worker and not afraid to get my hands dirty like I am sure most of you are. Greg and I have been married for 16 years and have 3 children; Trent-24, Sarah-19, and Sabrena is 12 who is still at home with us. We are very active in our church and in our daughter's activities. We enjoy camping and fishing as a family. More hobbies I enjoy are reading, cooking, baking, cleaning, sewing, yard work and taking care of my family. I have been in the childcare business going on 6 years. Greg has been helping me full-time for the last 3 1/2 years. Our childcare set up is rather unique as we have approximately 1000 square feet that we have dedicated strictly to our business in our home, but that is away from our living space. I am very excited and enthusiastic about being the new ABC President and hope that I can do the job well and help lead the organization into a positive future. So to finish, I will roll up my sleeves and get started. I do hope I get the chance to meet everyone of you in person. God bless you all. BiBi



Vice-President

Jo Wilson

Hello there!

I am excited to be on the board at ABC to assist in offering not only worthwhile, but interesting training to fellow providers. I currently own and operate Merry-Go-Round Preschool with help from my two great teacher's aides—friends Jo-C Mertz and Becky Aadnes. We run through the school year and have offered summer programming for the past two years. Only a three hour preschool program is offered for 2 1/2 thru 6 year olds. No daycare services are available. We rent space at the Lutheran Church of the Cross in Highland Acres. I attended BSC and U-Mary to gain my AA and BS in Early Childhood and Elementary Education. I have worked with children of all ages and love different things about all of them, but my heart tends to always go back to preschool age. Teaching is not a job to me, it is truly my passion. If I didn't have bills to pay, I would allow my families to send their children to preschool for free! I look forward to working with all of you. Blessings, Jo



Debra Granrud

Treasurer



...has volunteered to do it again! Debra has been with Early Childhood Learning Center for 2 years now and says she has no thoughts of quitting anytime soon. She really loves her job!

Beth Skaare

Secretary



... I just moved to Bismarck a year ago from the Minot/Williston area. I am currently employed at the YMCA in the YDC Center and 'love' the children I have. At the same time, I am wondering who my next group will be come August! No children or degree I can call mine, but I am currently working on the degree and I'm told to be patient with the other. At one point, I was attending school to be an Elementary Teacher but decided that Early Childhood Development is where my heart is, so an Associates Degree is what I am after. Oh well, you live, you learn. I hope everyone enjoys this upcoming year of ABC!

Member At Large

Roxanne

Johnson

no information available

Brenda Haaland

Member At Large

Hi from Mandan! I have been a part of ABC's Executive Board for the past 6 years and have been doing childcare for 16 years. My husband Paul and I have five boys, ages 5 to 20 years. In my free time, I enjoy watching my boys in various sport activities. Designing wedding flowers is a side business I have.

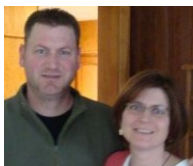


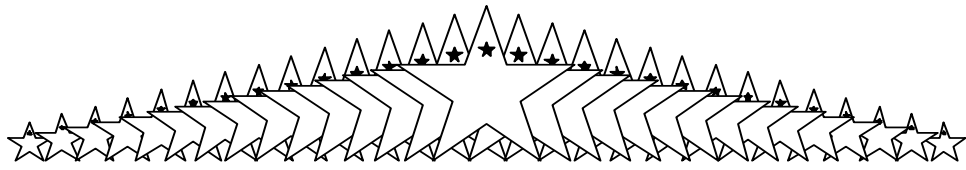
Lois Mongeon

Member At Large

Well Hello!

In February 2007, I became a childcare provider. Taking care of my clients' most precious gifts of life (their children) has truly proven to be a very rewarding experience for me. I feel very fortunate to have this as my career. Gerry is my husband and we have two grown sons.





Officers

President - BiBi Mehring: 663-8237
Vice President - Jo Wilson: 391-0342
Secretary - Beth Skaare: 530-6425
Treasurer - Debra Granrud: 223-7062

Members At Large

Brenda Haaland: 663-8745
Lois Mongeon: 663-4219
Roxanne Johnson: 214-2604

Greeter/Newsletter

Valerie Glatt: 255-7868



Informational Phone Numbers

Bonnie Wall (Burleigh County Social Services): 222-6622
Linda Aberle (Morton Or Burleigh County Social Services): 667-3395 / 222-6622
Child Care Resource & Referral: (888) 223-1510
Heartland Food Nutrition: 250-0140 NDC Nutrition: (800) 422-0326
Book It Beginners: (800) 426-6548



Calling Tree

Note: Any comments or questions about the Calling Tree, please call Valerie

ABC Amended By-Laws

...will be presented (once again) at the July Training. The association members who attend the August & September Trainings, will vote on the changes at that time. To have the opportunity to vote, we ask that you be present at both trainings.

Thank You, BiBi (ABC President)

we will try to make it as painless as possible

ABC Is Now Online
Check it out at:
www.abc4bisman.org

And let us know what you think. Who knows, you might just get something special for bringing it to our attention at the meeting!

A BIG THANK YOU goes out to Roxanne Johnson, Brenda Haaland and Valerie Glatt for working so hard on getting the ABC web site up and running!

New Or Re-New Memberships

Adela Roller- Adeline Caranaugh - Amanda Lund - Amy Kuntz - Anna Mossett
Ardella Stein - Ashley Braun - Bernice Nagel - Beth Skaare - Brenda Haaland
Brooke Schmeets - Cheryl Schuck - Cindi Schumacher - Constance Eckert
Crystal Schmeets - Debbie Shelstad - Debra Granrud - Diana Jacobson
Diane Leingang - Ellen Dietz - Gail Anderson - Greg Mehring - Heather White
Jayme Leintz - Jean McKenzie - Jeannie Benske - Jeremy Lauer - Jessica McKay
Joann Baker - Joann Schmaltz - Joyce Kaul - June Hoisington - Karen Jangula
Kari Stadig - Kayla Foth - Kimberly Puffer - Krista Johnson - Krista Mackinnon
Krystal Hoerner - Krystal Neumiller - Lana Moser - Laura Salvesson - Lea Gendreau
Lillian Schweitzer - Linda Jundt - Linda Paul - Lisa Makedonski - Lois Mongeon
Lori Frank - Marcia Gifford - Marie Landsberger - Martha Fiechtner - Mary Monroe
Mary Jo Hofferber - Michelle Jacobson - Michelle Usselman - Micki Stolz
Nicole Kingsley - Nola Cox - Priscilla Sauer - Randi Joersz - Renee Remmich
Rosie Vest - Sandy Fix - Sandy Seedorf - Sarah Marquardt - Shannon Kuntz
Sonja Kopp - Sophie Keiser - Stacy Ashley - Stephanie Bertsch - Tanya Frederick
Teresa Wolf - Tiffany Dahl - Tina Lauderdale - Wendy Fey - Winnie Ng

Child Care Pro-vi-der (child' kâr prô vid' er) n. chef, baker, janitor, sock and shoe finder, coat buttoner, boot fitter, bottle washer, grocery shopper, diaper changer, protector, dish washer, nose wiper, vegetable pusher, floor sweeper, waiter, story teller, playground attendant, PE teacher, activity director, driver, zoo keeper, inspector, aerobics instructor, tutor, entertainer, therapist, manager, derby instructor, performer, bookkeeper, self-esteem builder, teacher, helper, well wisher, nurse, traffic controller, noise controller, life saver, thinker, problem solver, engineer, designer, counselor, safety instructor, arbitrator, creator, inventor, companion, musician, historian, technician, dietitian, athlete, beautician, fire marshal, analyst, artist, dentist, scientist, biologist, technologist, accountant, manicurist, receptionist, environmentalist, pharmacist, hygienist, speech therapist, reader, builder, informer, composer, supervisor, author, navigator, peacemaker, friend.
Author Unknown

Membership For ABC is \$10.00 per year. Enroll now or renew by using this form. One form per person. This form may be copied or reproduced. ABC meetings are usually the third Monday of the month and run from 7:00 pm - 8:45 pm. We rotate between Bismarck & Mandan locations. Any person involved in childcare or who is interested in learning from our speakers is welcome to become a member. We offer 12 hours 'plus' of approved training throughout each year. (If you bring cash to pay your dues, do not expect the Greeter to make change.)

Name _____ Phone _____

Address: _____ (Please Circle One) New Or Renewing Member

Type of Childcare: (Please Circle One) Licensed Home * Certified Home * Other * Center Employee * Center Director

Center Name _____

Mail form and check to: ABC, PO Box 182, Mandan, ND 58554-0182 (Or register at next meeting)

Out of respect for others, we ask that no children except for young nursing infants attend the trainings.